

RELEASE . RECLAIM . RISE .



Empress Rising

Awaken the Empress 2026



WELCOME TO THE SPACE

WHERE HEALING MEETS CULTURE AND COMMUNITY

“Reclaim your power and rise.”



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A Letter For *You*

Empress,

You are reading this because something inside you knows it is time. Time to stop carrying the weight of what was never yours to hold. Time to stop surviving and start living—fully, unapologetically, powerfully. You may not have all the answers, but you feel it—the pull, the whisper, the knowing that you are meant for more.

We see you. We see the quiet strength beneath the surface, the fire that has refused to go out despite everything. We see the wounds you've carried, the stories that have been written for you, the ways you have made yourself small to fit into spaces never meant to hold your power. But you were never meant to stay small. You were never meant to simply endure. You were meant to rise.

We welcome you to **Empress Rising**, a sacred place where *you will remember who you are and rise into the Empress you were always meant to be*. Here, we do not shrink, we do not silence ourselves, and we do not wait. We step boldly into our truth, transforming pain into power, fear into freedom, and hesitation into certainty. This is a space where the past no longer defines you, where you will shed what no longer serves you and embrace the fullness of your divine strength.

You will come face to face with the wounds that have shaped you, the ones buried deep, the ones passed down like an inheritance of suffering. But you will not face them alone. You will be held in a space of unbreakable sisterhood, where every tear, every scream, every moment of breaking is met with love, strength, and the unwavering support of those who stand beside you.

There will be darkness. There will be moments where you feel like turning back. But you will not. Because on the other side of this pain is something greater—something truer. On the other side, you will find the woman you were always meant to be. The Empress who has always been waiting for you.

Your days will be filled with deep, intentional work—rituals that pull from the wisdom of our ancestors, practices that reconnect you to the sacred power within you. You will fast, cleanse, purge, and release. Your body will speak in ways it never has before. You will confront yourself in ways that may shake you to your core. But every moment, every challenge, every tear is a step toward freedom.

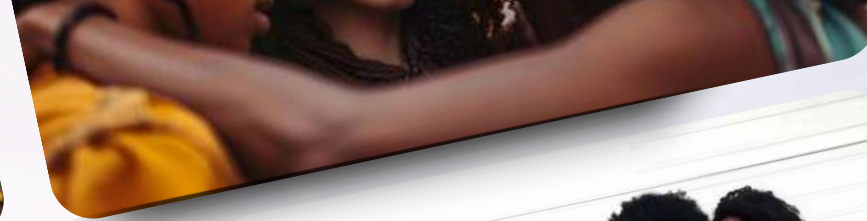
This is not a vacation. This is sacred work. This is transformation. This is the moment where you decide—truly decide—that you are ready to stop carrying the weight of what has been and step fully into the power of what can be.

You are reading this because you are ready.

With love, strength, and unwavering belief in you,

Empress Rising





Why *Empress Rising* ?

Empress Rising isn't just a retreat—it's the moment you finally breathe. You've spent years being everything to everyone—mother, wife, daughter, career woman—while silently carrying the weight of generations of trauma, pain, and the unspoken expectation to always be strong, this is ***your invitation to finally see yourself.***

OUR PACKAGES

**All prices are in USD (United States Dollar) per person and include tax.*

\$3,299

Empress Awakening Package

Private Empress Sanctuary for One
A Luxurious Private Suite

\$2599

Sacred Sisterhood Queen Suite Package

Shared Queen Sisterhood Suite for 2
Guests

GROUP DISCOUNT

\$5,699

Shared Haven Studio
Shared Cozy Studio Setting for 2-4 Guests
in Two Queen Beds



Traveling solo but seeking connection?

The Sacred Sisterhood Studio Package is designed for independent Empresses who want to experience deep healing and transformation while sharing space with like-minded women.

\$2850

(per person, tax included)



Shared Accommodation Space
Cozy Studio Setting for 2 Guests

[CLICK TO VIEW INCLUSIONS](#)

Choose Your Path to Transformation

PACKAGE OPTIONS AND PAYMENT PLAN DETAILS

PACKAGE	ROOM TYPE	PRICE <i>Tax Included</i>	DEPOSIT	FINAL DUE	NOTES
Empress Awakening Queen Suite (VIP Package)	Private Queen Suite	\$3,299	\$329.90	January 31, 2026	NOT a shared package — This is a solo person package that guarantees private sanctuary and exclusive space for healing. <i>If you change your mind and wish to add a guest, you can reach out to make the necessary arrangements for additional cost.</i>
Sacred Sisterhood Queen Suite	Shared Queen Suite	\$2599	\$259.90	January 31, 2026	Shared accommodation with one queen bed for two guests. Only one party will be billed for this reservation, and that individual is responsible for the total payment. <i>If your sister decides not to attend, you will still be responsible for the full payment. You may choose to invite another guest to take their place or cover the full cost yourself.</i>
Sacred Sisterhood Studio	Double Occupancy Studio Setting	\$2850	\$285.00	January 31, 2026	Shared accommodation, featuring a spacious studio with two queen beds and a full kitchen. Only one party will be billed for this reservation, and that individual is responsible for the total payment. <i>Upon request, monthly payment plans can be arranged for each guest after the deposit is made helping to ease the financial burden on the primary payer.</i>
<div>GROUP PACKAGE</div> Shared Haven Studio	Shared studio suite	\$5,699	\$569.90	January 31, 2026	Shared accommodation GROUP package for 2 to 4, featuring a spacious studio with two queen beds and a full kitchen. Only one party will be billed for this reservation, and that individual is responsible for the total payment. <i>Upon request, monthly payment plans can be arranged for each guest after the deposit is made helping to ease the financial burden on the primary payer.</i>

Invest in *Your Transformation* with Ease

FLEXIBLE PAYMENT PLANS & HOW IT WORKS



Step 1:

Choose Your Package

Select the retreat experience that aligns with your journey.



Step 2:

Secure Your Spot with a Deposit

Make an initial deposit to reserve your space.



Step 3:

Pay Over Time with Automatic Payments

Enjoy flexible monthly installments, making your investment manageable and stress-free.

Why Choose a Payment Plan?

✓ No Hidden Fees ✓ No Interest ✓ Stress-Free

Important Notes:

- To secure your space at Empress Rising, no deposit is required upfront. By submitting your Payment Plan Request, you will confirm your intent to participate in the retreat and ensure that a dedicated room is reserved for you.
- The deposit (first payment) is non-refundable after it is made.
- Full payment must be completed before the retreat start date.
- If you book a Sacred Sisterhood or Shared Haven package, the primary registrant is responsible for all payments.

[Read Retreat Deposit & Payment Policy](#)

[I Want to Submit A Payment Plan Request](#)

What's in a *Package*?

Every Empress Rising package grants you access to the full transformational journey—no matter which accommodation you choose. You will receive:



5 Days in Luxurious Villa
Choose from Private Sanctuary or Shared Sisterhood Suites



Hot Brunch & Dinner Daily
With free refreshments and light snacks throughout the day



Sacred Rebirth Sessions
Designed to reconnect you to your inner power



Dedicated Shuttle Service
With free pick-up and drop-off at CUN Airport and a driver for all events



Sacred Rebirth and Ascension Sessions

Led by intuitive facilitators, licensed professionals, and sacred holistic and ancestral healers

- Ancestral Awakening Ceremonies
- Chakra Healing
- Sound Healing
- Energy Resetting
- Grounding and Breathwork Sessions
- Yoga Class and Meditations
- Ice Baths
- Womb Healing
- Sacred Rituals & Reflections (Journaling and Affirmations)



Adventure Experiences
Cenotes, Ruins Exploration, and More





The Villas

EARTH-AIR-FIRE-WATER DESIGNED FOR
TRANSFORMATIVE ALIGNMENT WITH NATURE

- Full Kitchen in every Villa with top of the line appliances
- **Rainfall showers with natural wood & stone**
- Bliss-filled Yucatan Senses hand wash, soaps & oils
- **Immersive Nature Views from every room**
- Tempurpedic and deliciously-soft pillows & bedding
- **Fiber-Optic Internet Connection**
- Natural Bath Robes
- **High Quality A/C**
- Private Pool
- **Rooftop**



What's NOT in the Package?



Flights

Flights aren't included, so you'll need to book your own—we recommend Skyscanner for the best deals! Fly into Cancún International Airport (CUN), and we'll take it from there!



Free Day Activities

We always include a free day on our trips so you can head out and do something that's not part of our schedule or just take it easy and enjoy some well-deserved downtime. Any activities on this day aren't included in the package.



Travel Insurance

We don't include travel insurance in our package, but we highly recommend it for a worry-free trip! If you're unsure where to start, we're happy to point you in the right direction.



Tips & Gratuities

Tips and gratuities aren't included in our packages, so we recommend bringing cash for any service you'd like to acknowledge during your trip.

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EMPOWERESS

HEAL
& LIBERATE
BREAK THE
CYCLE

WE ARE COMING IN

2026



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EMPRESS RISING

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